

***We are glad you are with Hope Today!***

You are invited to learn more about us at; [hope4wichita.org](http://hope4wichita.org)

**Hope Kids City;** if you have children (Nursery – 5<sup>th</sup> grade) please take a moment before church to Check them in (at the Kids Table in the Welcome Center). Nursery-K can be in Hope Kids City all hour, 1st-5<sup>th</sup> grades will be dismissed after our Praise Time.

**Giving Options:** feel led to share a financial gift with us, you are invited to utilize our online Giving Options from our website [www.hope4wichita.org/give/](http://www.hope4wichita.org/give/) or text HOPEICT to 833-839-9010 & follow the prompts or 8918 W 21<sup>st</sup> N, Ste 200 #157, 67205.

**Communion:** if you have said YES to Jesus – you are invited to participate in Communion (The Lord’s Supper). OnSite - you will be invited to visit one of our four Communion locations in the auditorium. OnLine - you are encouraged to get what you have available – cracker or chip and a glass of juice or drink beforehand.

**Prayer:** if you have a Prayer Need and would like our PrayerTeam to pray for you – please go to our website, click on the ‘About’ tab and scroll down to the ‘Prayer Request’ Button. There are also Prayer Partners available to pray with you during Communion.

**Pick up an Invite Card:** Invite Cards have our address, worship time, QR code to our Website, our Facebook page, and YouTube Channel address. Get one, Give One!

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**Super Bowl Party & Chili/Soup Cookoff**

Tonight, starting at 5PM. Bring chili, soup, or snacks.

**Hope App**

To get the App you can text: HopeICTAPP to 833-839-9010 or scan the QR Code.

**Hope Groups**

These are groups where you can grow relationships with others and with God. (\*- groups with Kids Care).

Monday Night Women, 6:15 – Jan Gilmore

Tues. Afternoon Adults, 2:00 – Val & Gene McMahon

\*Tues. Night Women, 6:30 – Delia Garcia ([No Group 2/14](#))

\*Tues. Night Men, 6:30 – Roger/Mike Abasolo ([No Group 2/14](#))

\*Tues. Night Couples, 6:30 – Mark&Lisa McMahon ([No Group 2/14](#))

Wed. Night Adults, 6:30 – Debi Linares/Mike & Virginia Porter



**February 12, 2023**



**Love God**



**Grow Together**



**Serve Others**

# Come and Rest

02-12-2023

Warm Up: What do you do to relax?

Read Matthew 11:28-30 and discuss these questions.

1. What Invitation does Jesus give in verse 28?  
What does it mean to "Come to me"? (Rom. 3:23-24, John 3:16, 5:24, & 14:1-6).
2. How would you define "weary" and "heavy burdened"?  
Share some thoughts on what makes us "weary" or "heavy burdened."
3. "Rest" ...What do you think Jesus meant by this word?
4. Look at verses 29-30 and discuss the words "yoke", "learn", and "rest for your souls."
5. What could you do this week to draw closer to the "rest" that Jesus desires for your life?

Facebook.com/hope4wichita

Youtube.com/hopechristianchurchhope4you

[www.hope4wichita.org](http://www.hope4wichita.org)



Mailing Address: 8918 W. 21<sup>st</sup> N,  
Ste 200 #157,  
Wichita, KS 67205



Church App

Building Location: 1650 S. Broadway,  
Wichita, 67211

# Come and Rest

[We encourage you to write what comes to you during today's sermon]

## The Word For Your Week Verses (NLT)

This is what the Lord says: "Stop at the crossroads and look around. Ask for the old, godly way, and walk in it. Travel its path, and you will find rest for your souls. But you reply, 'No, that's not the road we want!'" **Jeremiah 6:16**

But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint. **Isaiah 40:31**

For he has rescued us from the kingdom of darkness and transferred us into the Kingdom of his dear Son, who purchased our freedom and forgave our sins. **Colossians 1:13-14**

Why am I discouraged? Why is my heart so sad?  
I will put my hope in God! I will praise him again –  
my Savior and my God!  
**Psalm 42:5**