

Some time later, Jesus went up to Jerusalem for one of the Jewish festivals.

John 5:2

Now there is in Jerusalem near the Sheep Gate a pool, which in Aramaic is called Bethesda and which is surrounded by five covered colonnades.

Here a great number of disabled people used to lie—the blind, the lame, the paralyzed.

John 5:5

One who was there had been an invalid for thirty-eight years.

John 5:6

When Jesus saw him lying there and learned that he had been in this condition for a long time, he asked him, "Do you want to get well?"

4

Sir," the invalid replied, "I have no one to help me into the pool when the water is stirred. While I am trying to get in, someone else goes down ahead of me."

John 5:8

Then Jesus said to him, "Get up! Pick up your mat and walk."

John 5:9

At once the man was cured; he picked up his mat and walked. The day on which this took place was a Sabbath,

7

and so the Jewish leaders said to the man who had been healed, "It is the Sabbath; the law forbids you to carry your mat."

10

John 5:11

But he replied, "The man who made me well said to me, 'Pick up your mat and walk.' ".

11

John 5:12

So they asked him, "Who is this fellow who told you to pick it up and walk?"

The man who was healed had no idea who it was, for Jesus had slipped away into the crowd that was there.

13

14

John 5:14

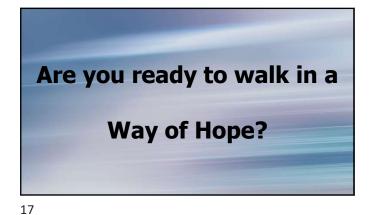
Later Jesus found him at the temple and said to him, "See, you are well again. Stop sinning or something worse may happen to you."

John 5:15

The man went away and told the Jewish leaders that it was Jesus who had made him well.



16



2 Corinthians 10:5

We demolish arguments and every pretension that sets itself up against the knowledge of God,

2 Corinthians 10:5

and we take captive every thought to make it obedient to Christ.

19



Any thought you don't take captive will hold you captive!

1 Corinthians 6:19

Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was give to you by God?

22

1 Corinthians 6:19

You do not belong to yourself, for God bought you with a high price. So you must honor God with your body.

23



REST

"Be still, and know that I am God! I will be honored by every nation. I will be honored throughout the world."

Psalm 46:10

25

REST

For only we who believe can enter his rest. As for the others, God said, "In my anger I took an oath: They will never enter my place of rest," even thought this rest has been ready since he made the world. Hebrews 4:3

26

NUTRITION

Then he lay down and slept under the broom tree. But as he was sleeping, an angel touched him and told him, "Get up and eat!" 1 Kings 19:5

NUTRITION

He looked around and there beside his head was some bread baked on hot stones and a jar of water! So he ate and drank and lay down again. 1 Kings 19:6

28

EXERCISE

Then Peter called to him, "Lord if it's really you, tell me to come to you, walking on the water. Matthew 14:28

29

EXERCISE

"Yes, come," Jesus said. So Peter went over the side of the boat and walked on the water toward Jesus. Matthew 14:29

COMMUNITY

Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour. 1 Peter 5:8

I Peter 5

COMMUNITY

Let us think of think of ways to motivate one another to acts of love and good works. Hebrews 10:24

32

31

COMMUNITY

And let us not neglect our meeting together, as some people do, but encourage on another, especially now that the day of his return is drawing near.

Hebrews 10:25

Hope is not the destination of your steps but the path for your journey.