

Peace

The ABSCENCE of Worry,

Concern, or Annoyance – a Calm

Experience in Both My MIND and

My HEART.

2

Hope Prevails

Insights from a Doctor's Personal

Journey Through Depression

Dr. Michelle Bengston

Peace Offered
The Offer Of PEACE Comes
From The PRESENCE Of
JESUS.

Click In		

John 16:33

"I have told you these things, so that in me you may have peace. In this world you will have trouble..."

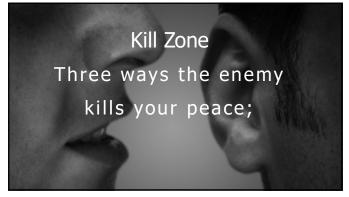
Click In		

5



"But take heart!

I have
overcome the
world."



7

Kill Zone
Incites Anxiety
Destroys Your Self-View
Paralyzes with Shame

Click in Destroys and Paralyzes

8



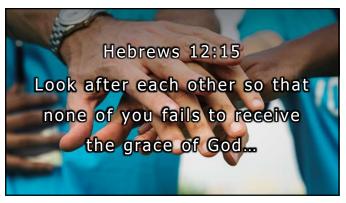
Isaiah 26:3
You will keep in perfect
peace all who trust in
you, all whose thoughts
are fixed on you!

Click In		

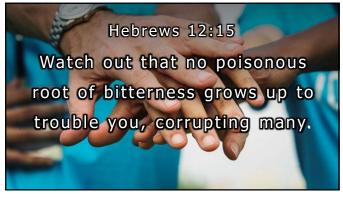
10



Rid yourself of BITTERNESS and RESENTMENT.



Click In			
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13



14

2 Corinthians 10:5

We demolish arguments and every pretension that sets itself up against the knowledge of God,...

2 Corinthians 10:5

And we take captive every thought to make it obedient to Christ.

16

