

We're glad you are ONSITE & ONLINE with Hope Today!

First Time with us?

Please visit our website; hope4wichita.org

to learn a little bit more about Hope!

GIVING OPTIONS: if you feel led to share a financial gift, we invite you to utilize the online Giving Options on our website or mail a check to our mailing address (located on the website).

Thank You.

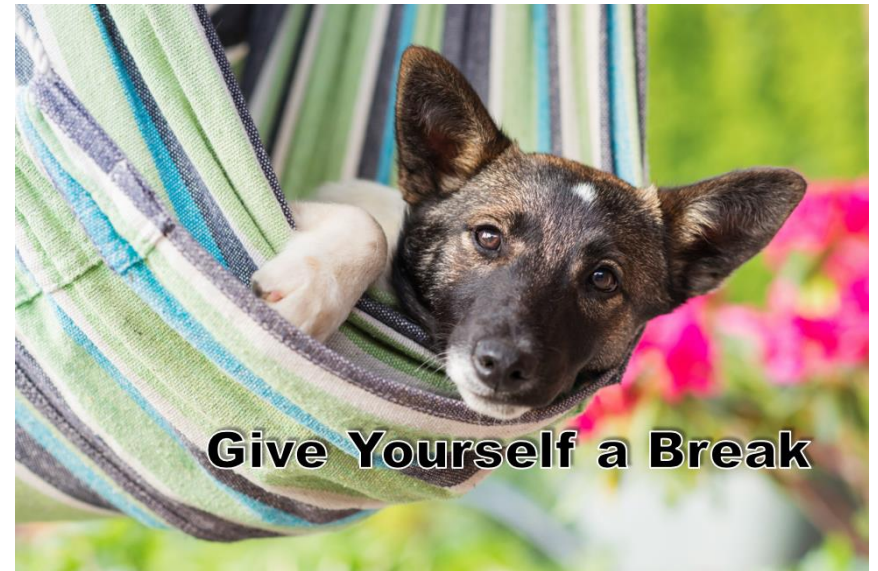
Communion: If you have said YES to Jesus—you are invited to share in Communion. We will share in this moment together at the end of our message this morning. OnLine - I encourage you to get a cracker-chip and a juice- drink beforehand; OnSite - we have a Communion packet for you. We will take this together.

OnLine - We invite you to **"Talk"** during Church and comment or "like" as you are watching us. OnSite - please be encouraging as you continue to build community!

Also, **PRAYER** is a powerful tool God invites you to participate in. If you have a Prayer Request—please go to our website, click on the 'About' tab and scroll down to the 'Prayer Request' Button.

For the present, our **'Kids City'** groups have been suspended. In the meantime, we have created 'Activity Bags' for each family. We will bring one to you.

- **Sunday Mornings** - we are encouraging everyone who worships onsite to wear a mask/face covering – especially in the hallway. We are also asking you to participate in social distancing and sit every other row in the auditorium.
- **Small Groups Cookout Canceled:** The Small Group Cookout is planned for Sat. Sept 26th; 4:00-8:00pm has had to be cancelled. We are sorry for the inconvenience.
- **ZOOM Group:** Wednesday @ 6:30 pm! This adult group will make you smile, encourage your heart and strengthen your relationship with Jesus! Contact Mike Porter (253-5307) or Debi Linares (644-8465) for details!
- **LOVE 802:** This is a New Church being planted in Rutland, VT. Park of our weekly giving goes to Missions/Ministry; this month we gave \$1030 to Braden & Lindsey Etcheson. LOVE802.org



Give Yourself a Break

September 20, 2020

Love God • Grow Together • Serve Others



Give Me a Break
09-20-20

Warm Up: What is your favorite pastime?

Read: Exodus 16:25-26, 29; 31:13-16

1. What insights do you gain about God's design for the Sabbath?
2. What do you sense about the importance God placed on the Sabbath?

Read: Mark 2:23-28

3. What did Jesus' disciples get in trouble for?
4. What do you think was the purpose of vss 25-26?
5. What do you think is the weight of Jesus' statement in vss 27-28?
6. How do you rest?
7. What can you do better/different to bring Jesus into the pace of your days?

Tag Hope Christian Church on Facebook, Twitter, or Instagram this week while using #findrest. Please post how you have made #findrest this week. Let your experience be a light for others.

Some questions are from Serendipity Bible.

Watch again @ www.hope4wichita.org

9-13-20 > the Weekend
9-06-20 Walking thru the Darkness
8-30-20 Deeper Love
8-23-20 Transformation

www.hope4wichita.org
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Give Me a Break

[We encourage you to write what comes to you during the morning]

The Word for Your Week!

And God blessed the seventh day and declared it holy, because it was the day when he rested from all his work of creation.

Genesis 2:3

They must realize that the Sabbath is the Lord's gift to you.

Exodus 16:29

He lets me rest in green meadows;
he leads me beside peaceful streams. Psalm 23:2

Too much activity gives you restless dreams;
too many words make you a fool. Ecclesiastes 5:3

28 Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. 29 Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.

Matthew 11:28-29